Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues

A division of the American Psychological Association

Volume 21, Number 1

Division 44

Newsletter

Editor: Becky J. Liddle

Spring, 2005

President's Column: "That which does not kill me makes me stronger" By Michael R. Stevenson

For many attendees, the 2005 National Multicultural Conference and Summit will not soon be forgotten. Many of the presentations were excellent and some were inspiring (especially the invited address by Oliva Espin-see box on p.22 for how to access her invited address on our web site) I want to thank members of the organizing committee, especially Division 44's representative, Angela Gillem, for their energy and commitment. We recognized Angela at the EC meeting which followed the conference, but I want to take this opportunity to show our appreciation for all she has done to represent the

Division in this important effort. Applause!!!

Despite our best efforts, a "critical incident" cast such an emotional pall over the meeting that it requires some further discussion. My first disappointment was the discovery that only two substantive sessions focused explicitly on LGBT issues. This, in itself, is inconsistent with my expectations and has given me reason to seek clarification of the mission and goals of the Summit and Division 44's role in it. Given that Division 44 is one of four cosponsoring divisions, I had expected a full quarter of the presentations to consider LGBT issues in some depth. In addition, I had hoped that keynote addresses and cross-cutting workshops might consider the interplay of various aspects of diversity (e.g., ethnicity, sexual orientation, age, gender, disability). The presidents of the sponsoring divisions will soon meet to discuss and clarify our assumptions and roles.

This circumstance, regardless of its origins, contributed to the impact of the "critical incident" I referred to earlier. Presented by two graduate students from Regent University, one of the two sexual-orientation focused sessions was entitled "Sexual Minorities: Clinical Considerations for the Coming Out Process." Under the guise of offering a "diversity" of view points, the students described a model of coming out that is inconsistent with the scientific literature that constitutes LGBT psychology, as it equated forms of reparative therapy and "Homosexuals Anonymous" with gay affirming approaches to therapy. If I understood correctly, this model is based on the assumption that samesex attractions are something with which one must "cope" (perhaps by staying in the closet) and it encourages clinicians to consider these "alternative" forms of treatment as ethically and therapeutically equivalent, leaving to clients the choice of which approach they wish to engage.

I have to admit that I never recall leaving a professional presentation feeling so set up, betraved, or violated. It reminded me of what our fore-parents must have experienced decades ago before homosexuality was removed from the DSM, before there was a Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues, before the adoption of APA's Guidelines for Therapy with Lesbian, Gay, and Bisexual Clients, and before the passage of APA resolutions supporting gay-affirming therapy, LGB families, and gay marriage. The pain of this experience also reminded me of the gratitude I feel for our fore-parents' courage and sacrifices.

Despite the presenters' attempts to silence their voices, Division 44 elders, Linda Garnets, Doug Haldeman, and Laura Brown, to name only a few, respectfully but forcefully corrected the errors and misrepresentations for participants and presenters alike. It was an awe

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Questions? Contact Jackie Weinstock at Jacqueline.weinstock@uvm.edu. The listser is intended for communication among Division 44 members. Please be aware that the Division 44 listserver is not monitored. Please use it in the professional and respectful manner for which it is intended.

The Division 44 Newsletter is published three times a year (Spring, Summer, and Fall) by the Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues (SPSLGBI). It is distributed to the complete membership of Division 44, including more than 1,300 members, associates, students and affiliates. Our membership includes both academics and clinicians, all of whom are connected through a common interest in lesbian, gay, and bisexual issues. Submissions are welcome and are particularly appreciated via email.

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# MEMBER NEWS

Survey participants needed: Nonsexual dual relationships encountered by lesbian & bisexual women therapists: How close is too close? If you are a lesbian or bisexual woman therapist currently seeing clients either full time or part time, and some of your clients (past or present) are lesbian or bisexual women, we invite you to participate in a qualitative survey, describing non-sexual dual relationships you have encountered, or decisions you have had to make about whether you could see a client in therapy. More information available from Becky Liddle at beckyliddle@mindspring.com. Anonymous survey available at: http://frontpage.auburn.edu/education/liddlebj/grahasr/

# **NEW NEWSLETTER EDITOR**

We are delighted to announce that long-time Division 44 leader Doug Kimmel has agreed to serve as Division 44 Newsletter editor, beginning with the summer issue. Becky Liddle had served two three-year terms as editor and felt it was time to pass the torch. She could not be passing that torch to a more impressively qualified person:

Douglas Kimmel, Ph.D., is a fellow of Division 44; he was President in 1986-87, served as Program Chair (twice), and was a representative to APA Council. He was chair of the Association of Lesbian and Gay Psychologists and chair of the APA Committee on Lesbian and Gay Concerns. He co-authored the history of Division 44 with Christine Browning, collaborated with Linda Garnets on several writing projects, and co-edited an anthology on LGBT aging currently in press. He authored a textbook on aging (translated into Japanese) and co-authored one on adolescence (translated into Japanese and Spanish). He has been a visiting professor in Japan, including one year on a Fulbright award. From 1970 to 1998 he was on the faculty of City College (CUNY). Currently he lives in Maine with Ron Schwizer, his partner of 36 years, and has a private practice. You can reach Ron at: PO Box 466, Hancock, ME 04640, 207-422-3686, or dougkimmel@prexar.com

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### Deconstructing Arguments About Same Sex Marriage (Part 2) Michael R. Stevenson, Ph.D.

(based on a paper presented at the 2004 meetings of the American Psychological Association)

As I suggested in last month's newsletter, religious conservatives attempt to justify at least 5 inter-related assumptions that LGBT-affirming advocates must rebut. This essay suggests lines of reasoning that may prove useful in this endeavor.

According to religious conservatives:

1) Religious freedom requires that civil law be based in fundamentalist Christian beliefs and therefore privilege heterosexual couples.

2) Marriage is a monolithic institution which has remained unchanged for thousands of years.

3) Same-sex marriage will weaken the institution of marriage and disrupt the social order.

4) The well being of children hinges on parenting that can only be provided by heterosexual married couples.

5) Protecting marriage (and putting it out of the reach of the courts) requires constitutional amendments at the federal and/or state level.

The protection of religious freedom should be of utmost concern to government. However, enshrining a particular religious view in civil law does not ensure religious freedom, it only privileges one religious view point over others. In fact, religious freedom will be circumscribed further if our civil definitions of marriage and family are not made more inclusive. Religious freedom, including the right to share the gospel of Jesus, cannot be successfully defended when other moral viewpoints are marginalized. Defining civil marriage in biblical terms would limit religious freedom rather than protect or expand it. The government's interest (economic and otherwise) is in supporting loving and committed couples - regardless of whether they expect to raise children - rather than supporting a particular religious belief and privileging a particular form of relationship over others.

To understand this distinction, it is essential that we disentangle the civil and religious aspects of marriage (Gomes, 2004; Moody, 2004). When the Pilgrims first established marriage after landing at Plymouth in 1620, marriage was understood as a civil matter. It wasn't until the Plymouth Colony was merged into that of Massachusetts Bay in 1692 that clergy were authorized to solemnize marriage (Gomes, 2004).

Despite claims that "marriage is not about perks from the government" (Bowden, 2003), marriage is no longer considered a status relationship where marital roles are assigned by the state (Ehrlich, 1997). As a result, it is no longer "an eternal union of love benevolently presided over by the husband" (Statsky, 2004, p. 3). Instead, under current U.S. law, marriage is understood as a contractual relationship and an economic partnership (Ehrlich, 1997). As a civil contract, marriage currently entitles couples to over 1000 federal rights. Depending on the state, there are an additional 170 to 250 state laws prescribing rights and responsibilities to married spouses (Burhke, 2003). Moreover, the United States Supreme Court considers marriage a fundamental right. Therefore, a state's power to regulate an individual's right to marry is limited (Statsky, 2004).

As a religious construct, "marriage" is neither monolithic nor immutable even among Christian denominations. The Biblical Abraham had two wives. St. Paul considered marriage a lesser state. Certain religious traditions require couples to meet religious qualifications before their marriages are recognized (Moody, 2004) while other religious traditions already bless same-sex unions without requiring a civil license. As the Reverend Howard Moody (2004) suggests

It is clear that there is no single religious view of marriage and that history has witnessed some monumental changes in the way "husband and wife" are seen in the relationships of marriage. (p. 28)

Far from harming marriage or disrupting the social order, encouraging same-sex couples to share legal and emotional responsibility for one another through a government-licensed commitment would only strengthen marriage and increase social stability. As, Richard Cohen (2003), a columnist for the Chicago Tribune, observed

if opponents [of same-sex marriage] were not so blinded by bigotry and fear, they would see that homosexuals provide the last best argument for marriage: love and commitment. . . Just as gays are renowned for moving into urban areas that others have fled, for refurbishing neighborhoods and making them attractive, so they might rehabilitate marriage.

More importantly, a government's recognition of same-sex marriage need not affect the decisions of religious institutions. Given the principle of religious freedom, the government cannot force the church to perform or affirm same-sex marriages any more than it can force a religious body to recognize divorce or approve of abortion or contraception. Whether congregations nurture their gay and lesbian members by celebrating their

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relationships is a decision that must be left to the church, while the government tends to civil matters. To ensure religious freedom, it is of utmost importance that we prevent government endorsement or adoption of a particular religious viewpoint.

Government recognition of same-sex relationships would strengthen families headed by same-sex couples and assist those who choose to parent in providing and caring for their offspring. If marriage promotes stability, commitment, and responsibility in heterosexual couples, it should do the same for same-sex relationships as well. From this worldview, same-sex couples who wish to marry also wish to contribute to the social order, not destroy it. Granting access to the privileges and responsibilities of marriage may well change expectations about marriage, as religious conservatives fear, but those changes are likely to strengthen the institution rather than harm it.

Despite claims to the contrary (e.g., Kurtz, 2004, Feb. 2; May 31; May 25; June 3), evidence from Scandinavia and the Netherlands (countries which have granted many of the benefits of marriage to same-sex couples) shows that providing marriage rights to same-sex couples has no impact on heterosexual marriage. Comparing data from before and after same-sex couples were granted marriage rights, divorce rates and commitment to children remain unchanged. Moreover, none of the extant evidence demonstrates that same-sex partnership laws had an impact on heterosexual marriage rates (Badgett, 2004).

In addition to data from cultures which recognize same-sex relationships, a considerable body of psychological research on gay and lesbian parenting provides ample justification for government support for same-sex couples who choose to parent. The American Psychological Association recognizes that "the scientific literature has found no significant difference between different-sex couples and same-sex couples that justify discrimination." It has also demonstrated that the absence of access to the benefits of marriage (for example, property rights, health care decision-making, estate planning, tax consequences, spousal privileges in medical emergency situations, and co-parental adoption of children) constitutes a significant psychosocial stressor for lesbians, gay men, and their families.

As the American Psychiatric Association has observed,

Same sex couples experience several kinds of statesanctioned discrimination that affect the stability of their relationships. The children of gay and lesbian parents do not have the same protection that legal marriage affords the children of heterosexual couples. Adoptive and divorced lesbian and gay parents face additional obstacles. An adoptive parent who is lesbian or gay is presumed unfit in many U.S. jurisdictions. Furthermore, when couples do adopt, usually one parent is granted legal rights, while the other parent may have no legal standing. These obstacles occur even though research has shown that the children raised by lesbian and gay men are as well adjusted as those reared within heterosexual relationships.

Furthermore, based on a comprehensive review of the relevant literature, Charlotte Patterson has recently affirmed that

Not a single study has found children of lesbian or gay parents to be disadvantaged in any significant respect relative to children of heterosexual parents... The evidence to date suggests that home environments provided by lesbian and gay parents are as likely as those provided by heterosexual parents to support and enable children's psychosocial growth (quoted in United Press International, 2004).

Contrary to critics who claim that the only good parents are heterosexual couples who enact traditional gender roles, social science has clearly demonstrated the value to children of strong, positive, and stable relationships with competent and caring adults regardless of their genders, their sexual orientations, their biological relationship to the child, or whether they enact traditional gender roles (Stevenson & Black, 1996; Patterson, in press; 1995).

Except for couples who seek only civil marriage (e.g., visit a justice of the peace), "marriage" as it is currently carried out in religious institutions is a conflation of two different processes. One is claimed by religion. The other is a civil contract. To the extent that 'marriage' is a religious (rather than civil) institution, one could consider the truly conservative notion that governments have no specific interest in marriage, per se. That is, a government's interest is in a legal contract that promotes health, protects money, and supports the welfare of children (Ehrlich, 1997; Moody, 2004). Reverend Moody explains,

The state is not interested in why two people are 'tying the knot,' whether it's to gain money, secure a dynasty or raise children... The state doesn't care what the commitment of two people is, whether it's for life or as long as both of you love, whether it's sexually monogamous or an open marriage. There is nothing spiritual, mystical or romantic about the state's license to marry—it's a legal contract. (Moody, 2004, p. 29)

In contrast, religious institutions do indeed have a vested interest in protecting religious marriage. Regardless of their specific beliefs, faith communities should be able to choose which kinds of relationships they will encourage and which they will ignore. The government however, is not in a position to give preference to one religious viewpoint. Furthermore,

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conservatives who wish to limit the size and influence of government might more readily attain that goal by limiting the reach of the federal government rather than creating new obstacles to equal treatment under existing laws.

If religiously conservative policy makers really want to put biblical marriage out of the reach of the courts, they should give the word "marriage" to the church. If government got out of the marriage business, religious institutions could choose for themselves what kinds of relationships they wished to recognize, whose relationships they wished to encourage, and whether or under what circumstances religious unions could be dissolved. The government, on the other hand, could adopt its own rules without giving preference to a belief system that is imbedded in a religious institution. Legal recognition of such unions (e.g., civil unions) could therefore be sought by adult couples regardless of their genders or sexual orientations, whereas 'marriage' would be constructed in purely religious terms.

Clarifying the roles of the church and the government in this way would certainly not prevent religious LGB people and other advocates from agitating for recognition from their respective churches. It would, however, allow the government to act in accordance with the secular nature of the U.S. Constitution by providing all U.S. adults the opportunity to benefit from legal recognition of their relationships. In short, constitutional amendments which limit marriage to heterosexual couples and prevent government-sponsored recognition for same-sex couples will be ineffective in protecting marriage. An alternate route is to construe marriage as an explicitly religious institution while governments reconsider their interests in the relationships of adult couples, regardless of their genders, sexual orientations, or their procreative abilities.

In the words of Peter Gomes (2004),

To extend the civil right of marriage to homosexuals will neither solve nor complicate the problems already inherent in marriage, but what it will do is permit a whole class of persons...heretofore irrationally deprived of a civil right, both to benefit from and participate in a valuable yet vulnerable institution which in our changing society needs all the help it can get. (p. H11)

In closing, I must admit that there are institutions that are threatened by same-sex marriage. However, contrary to the concerns expressed by Christian conservatives, marriage and the family are not at risk. In truth, the institutions that are threatened by same-sex marriage are bigotry, prejudice, and discrimination. In my view, these are institutions that we can live without.

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# How the Same-Sex Marriage Debate May Be Affecting the Health and Well-Being of Gays and Lesbians

Jason D. Seacat, M.S.<sup>1</sup>

Prevailing societal attitudes toward same-sex marriage may have far-reaching consequences for the health and well-being of gay and lesbian individuals. The ongoing national debate over granting gays and lesbians the right to legally marry has resulted in widely publicized, often homophobic, backlash from opponents of gay marriage initiatives. One such example is the response of cultural conservatives to the debate on same-sex marriage in Hawaii during the early 1990s (Hull, 2001). Supported by motives to maintain the status quo of heterosexual marriage, anti-same-sex marriage campaigns commonly portray gays and lesbians as being sexually deviant, promiscuous, and incapable of maintaining committed and loving relationships (Daily, 2001). As a result of the growing social debate on same-sex marriage, many gay and lesbian individuals are increasingly exposed to homophobic stereotypes through media propaganda and personal interactions. Very little is known about possible effects of this increased exposure to homophobic stereotypes on the health and well-being of gays and lesbians.

Homophobic stereotypes, such as the ones previously mentioned, are not unfamiliar to the gay community. People with homosexual orientations have long been stigmatized (Herek, 1999). Since the onset of the HIV/AIDS crisis, homophobic stereotypes have been utilized to blame gay males for the existence and spread of HIV/AIDS (Herek & Capitanio, 1999). As a result of existing stereotypes about homosexuals, many gay, lesbian, and bisexual individuals continue to be subjected to widespread fear, discrimination, and violence by the American public (Dworkin & Yi, 2003).

Aside from the apparent consequences of homophobic stereotypes (i.e., harassment, intimidation, and violence), evidence exists demonstrating the negative psychological impact that internalized homophobic stereotypes have on the stigmatized. In the case of LGB individuals, internalized homophobia has been shown to be significantly associated with a variety of physical and emotional consequences (Rivers, 2004). These consequences include, but are not limited to, difficulties in forming and maintaining lasting intimate relationships (Friedman, 1991); engagement in risky sexual behaviors (Shidlo, 1994); suicide (Pilkington & D'Augelli, 1995; Rofes, 1983); and depression (Lewis, Derlega, Griffin, and Krowinski, 2003). With regard to same-sex marriage, the internalization of homophobic beliefs, such as the belief that homosexuals are incapable of committed and meaningful relationships, may serve to increase shame,

self-loathing, and frustration among members of the gay and lesbian communities. Sussman (1998), for example, suggested that prevailing homophobic stereotypes about gay men and relationships might be to blame for the a sense of hopelessness and frustration about finding, securing, and maintaining committed and loving relationships that he documented among his gay male participants.

Initiatives such as the Federal Defense of Marriage Act (DOMA) as well as individual state-level debates on same-sex marriage have heightened the public's antigay sentiment in recent years. The legalization of same-sex marriage in the state of Massachusetts and at the federal level in Canada, coupled with the failure to enact a U.S. federal marriage amendment, has incited many states to consider anti-same-sex marriage legislation. Surrounding these debates has been an increase in both the media focus on same-sex marriage and the intensity of homophobic propaganda. As such, it is expected that gay and lesbian individuals living in communities where same-sex marriage is being debated will encounter a greater frequency and intensity of homophobia in the media and possibly in personal interactions. Because previous research has demonstrated that the internalization of homophobic stereotypes results in negative consequences for the stigmatized, it can be expected that initiatives such as an anti-gay marriage amendment, which propagate homophobic stereotypes, will likely exacerbate these consequences. Gavs and lesbians exposed to greater amounts of anti-same-sex marriage propaganda may be more likely to internalize homophobic stereotypes than those in communities where same-sex marriage is either not being debated or is viewed favorably. This may be particularly true in communities where gays and lesbians have few or no other individuals with whom to identify. Future research should assess levels of internalized homophobia to determine whether there are significant differences between communities or within communities before, during, and after exposure to anti-same-sex marriage propaganda.

At the time of writing this article, no studies could be found in the literature that specifically examined the effects of anti-marriage campaigns on the health and wellbeing of gay and lesbian individuals. Mathy and Lehmann (2004) concluded that initiatives such as DOMA *could* have a negative effect on the health and well-being of lesbian and bisexual women, but the authors did not directly test this relationship. In addition, Mathy and Lehmann's study did not discuss the potential implications

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of homophobic stereotypes, associated with the debate of same-sex marriage, on the health and well-being of the gay community. One important question that remains is whether epidemiological trends (i.e., depression, suicide, substance abuse, etc.) differ between communities that are directly impacted by the same-sex marriage debate and those that are less tangibly affected. If community differences in these trends were substantiated, the finding would necessitate additional outreach and intervention with communities undergoing ballot measures.

In sum, the debate on same-sex marriage is far from over in the United States. As same-sex marriage continues to be debated, many more gay and lesbian communities will be directly impacted by the homophobic propaganda which surrounds the issue. Unfortunately, as additional states and municipalities continue to add legislation prohibiting same-sex marriage, future studies will be required to determine the negative consequences this legislation has had. To effectively intervene with communities facing anti-same-sex marriage ballot measures, the psychological community must increase its understanding of how gays and lesbians are being impacted by the debates.

1. Author Notes: Jason Seacat is a second year doctoral student in the Program for Experimental and Social Psychology at Kent State University. I would like to thank Adam S. Daniels for his help in preparing this manuscript. Correspondence related to this article can be addressed to Jason Seacat, M.S., 227 Kent Hall, Department of Psychology, Kent State University, Kent, OH 44242. E-mail: jseacat@kent.edu References

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Gu Weidong is a 23-year old graduate student in Fudan University School of Public Health. When he signed up for the class on Homosexuality, Social Sciences and Public Health, he admitted to having met no homosexuals in his life.

When the course invited some openly gay men to talk about their own life experience and their community, Gu began to question how homosexuality was viewed in textbooks.

Even though the Chinese Psychiatric Association deleted homosexuality from the list of mental disorders in 2001, the media and academia have not caught on to this change. Textbooks used in some medical schools in China still retain the outdated classification listing homosexuality as a mental disorder.

When the Chi Heng Foundation in Hong Kong sponsored the course for the first time in Fall 2003, it was considered as breaking the ice, but coverage from the local media was cautionary. When the same course was offered again in Fall 2004, it received much wider and more detailed coverage from a dozen newspapers and TV networks including Shanghai Daily, Youth Daily of Shanghai, and Shanghai TV station.

The interdisciplinary course called together all the Who's Who names in gay studies in China. Among them were Prof. Li Yinhe, a prominent sociologist who is among the strong advocates for gay rights in China, Prof. Zhang Beichuan, who pioneered the field by publishing the first book on homosexuality in the country, and Chung To, the first gay man to be honored as one of Ten Outstanding Young Persons in Hong Kong in 2003. The course was concluded on December 27 by Pai Hsien-Yung, a famed contemporary author from Taiwan who is also openly gay.

Following but not limited to the bio-psychosocial medical model, the course covered some late developments in the research on public health and social sciences in relation to homosexuality. Topics of lectures included: (1) implications of gay studies in contemporary China; (2) aspects of gay culture; (3) sexual behaviors of gay men and lesbians; (4) same-sex eroticism; (5) intervention by sexual minorities in HIV/AIDS prevention. To help the students understand the patterns of communication and networking within the gay community, the course organized two field trips to gay cruising spots and gay nightclubs in Shanghai.

Although mainly open to graduate students from the School of Public Health, the course attracted some undergraduates as well as off-campus researchers. The feedback was overwhelmingly positive. "The lecture has helped me realize that responsibilities of health professionals is more than to write out prescriptions," one student wrote in his feedback.

1. Yanning Gao, Associate Professor, Department of Maternal and Child Health, School of Public Health, Fudan University, Shanghai, China. Email: yngao@shmu.edu.cn

2. ErYan Lin, General Coordinator, Chinese Society for the Study of Sexual Minorities. Email: eryan\_lin@yahoo.com

# Save the Date! Annual Fundraising Dinner at APA Convention in Washington, DC

This year's annual fundraising dinner will be held the evening of Saturday 20 August at the American News Women's Club. Located in an old brownstone within walking distance of Dupont Circle, the venue is a charming setting where I have previously attended a commitment ceremony and a wedding. Like last year, the space will be totally our own, and the Club Manager, Randi Dutch, who has many years of experience in food service, will be catering it herself. Dinner will be buffet style, with a range of choices to please meat eaters and vegetarians alike. Cost will be \$50/person, which will include alcoholic and non-alcoholic beverages. We will be limited to 75 people, based on the space, so be sure to sign up soon, when the official word goes out in the next newsletter. Any pre-reservation questions? Contact Robb Mapou via E-mail (mapuna@earthlink.net).

#### **2005 DIVISION 44 ELECTIONS AND CANDIDATE STATEMENTS**

The following statements were submitted by this year's nominees for Division-elected offices. Ballots will be sent to voting members of Division 44 by APA.

#### PRESIDENT

#### **Christopher Martell**

I am delighted to run for President of Division 44. I was originally a student member of Division 44 in 1984. becoming active in leadership activities in the Division in 1997 when I was convention program co-chair. My prior volunteer activity was primarily in the Washington State Psychological Association (WSPA). In 2000 I was president of WSPA and the experience of leading a state association will come to bear on my ability to lead the Division. I was a member of the APA Committee on Lesbian, Gay and Bisexual Concerns for the past three years, and have been Division 44 membership committee co-chair for the past four years. I assume that the next four years, politically, will be a difficult time for LGBT communities. Our division is diverse, as is our expertise, and we will be an important source of information for APA in fighting infringements on civil rights and science. I'm excited to have the opportunity to lead the division during this time.

#### **Alan Storm**

I am seeking election as President of Division 44 in order to personally re-connect with the work that APA is doing to ensure that LGBT individuals are treated with respect and equity in all facets of the psychological community. I served a three-year term (Chair during year three) on APA's CLGBC (Committee on Lesbian, Gav, Bisexual Concerns) from 2000-2002. Since then, I have concentrated heavily on LGBT issues across the state of Arizona, particularly in the public schools, providing frequent testimony before the state legislative committees. I have also had the honor of providing testimony before the U.S. House of Representatives. I have been an active member on the LGBT Committee of the Arizona Psychological Association for the past 10 years. I feel it's time for me to get involved again at the national level, and I would like to do that with Division 44. I would like to continue Division 44's work on transgender issues and on LGBT issues in training and education programs for psychologists.

#### MEMBER AT LARGE

#### **Beth Firestein**

I feel honored to be considered for the Member-At-Large position on the Executive Committee of Division 44. My primary contributions to the field have included my active participation in the field as a scientistpractitioner with a large concentration on LesBiGay/Transgender, multi-cultural, and women's issues. I was a charter member and have served as past Co-Coordinator of the Caucus on Bisexuality and Sexual Diversity of the Association for Women in Psychology. In addition, I am a long-time member of APA and Divisions 44, 35, 17, and 42.

My commitment to Division 44 has probably been most evident in my effort to fill gaps in the existing professional literature on working with bisexual and gender diverse clients through my writing, presenting, teaching, and training. If elected, I will bring my passion, an engaging vision, and a strong voice to the Executive Committee on behalf of bisexuals and other sexual and gender minorities that are currently less visibly represented in Division 44. I also bring a collaborative work style, commitment, and perhaps most important, a sense of humor, to everything I undertake. I hope I have the opportunity to serve the Division.

#### Kathleen Ritter

As a supportive ally of the LGBT community as well as a presenter and author (co-recipient, Division 44 Distinguished Book Award, 2003), I am honored to have been nominated for Member at Large representative to the Division 44 Executive Committee. If elected, I would be a strong advocate for continuing the many good works I have witnessed over the years as a member of the Division. I would uphold existing committees and task forces and recommend new ones as needs change. I would advocate the continuation of a greater presence in APA, the expansion of our influence in public policy related to sexual orientation, and increased cooperation with other APA Divisions and federal agencies. I would recognize and support the contributions of members at the national, state and local levels and promote additional financial sustenance for innovative research in LGBT psychology. The Division's recent focus on transgender matters, health concerns and spirituality are of interest to me since some of my publications (Coming Out Within and Righteous Religion) relate to matters of faith. I hope to be able to carry on the sound traditions of the Division, as well as become a voice in the future direction of LGBT psychology.

#### **BOOK REVIEW**

#### The Complete Lesbian and Gay Parenting Guide

By Arlene Istar Lev, CSW Berkeley Publishing Group. 2004. 379 pages. \$15.00

Review by Greg Serpa

In the introduction to this warm and witty book, Ms. Lev reveals her working title was *How Queer: Lesbian, Gay, Bisexual, and Transgender Parenting.* This is perhaps a more accurate reflection of the content than the publisher's marketing-driven title. Readers expecting a comprehensive nuts-and-bolts guide to parenting may be disappointed. However, potential parents, particularly those who understand the experience of being different, will benefit greatly from Ms. Lev's first person,

compassionate review of the challenges and joys that LGBT parents might face. Her years of experience as a family therapist, advice columnist and lesbian parent resonate on every page.

The book is divided into four main sections, the first of which reviews the paths and roadblocks to LGBT parenthood and includes descriptions of artificial insemination, surrogacy and donor issues, co-parenting arrangements, domestic and international adoptions, and the need for cultural sensitivity in trans-racial adoptions. The section ends with a particularly strong chapter called *The Realities of Parenting*, which offers fresh insight into the old adage "having a kid changes *everything*." The second section considers building healthy families and covers such topics as support systems and legal matters. The third and briefest section reviews the painful challenges that families of all types might one day encounter, such as custody issues, domestic violence, mental illness and addiction. The last part, entitled *Family Life* covers issues of special concern to LGBT parents such as the incompatible combination of a toddler in daycare and a parent's attempt to stay in the closet; the reality that both children and their LGBT parents are frequently subject to a burdensome level of scrutiny; children's names for parents when there are multiple moms and/or dads; sex and reproductive education; and making choices about spirituality in an environment where religious views can be as divergent as loving acceptance and virulent condemnation. Four well-researched appendices include information on other LGBT books, national and local organizations, and relevant Internet resources and magazines.

Nearly every few pages throughout the book, real life stories are offered on topics related to the chapter content. Some are laugh-out-loud funny and some poignant, while others are agonizing reflections on loss or disappointment. The stories and the families that present them are simply (and wonderfully) too diverse to capture in this review and include the pregnant butch who exhorts that no one bring frilly maternity panties to the baby shower, to the MTF physician who delays her transition until after she started a family with her spouse, to name only two. This diversity of viewpoints, and the author's resolve to give voice to families of every stripe, is a welcome addition to the *gayby boom* literature.

Academics and clinicians interested in a comprehensive review of the research on LGBT parenting may want to pass on this book and refer to APA's excellent public interest article by Charlotte J. Patterson at http://www.apa.org/pi/parent.html, a reference included in the Internet resources appendix. Likewise, those interested in learning more about families affected by HIV, as well as those who are infected and interested in starting a family, should look elsewhere as these issues are touched upon only briefly. Practitioners and clinical students who seek a deeper understanding of the diversity of LGBT parents and the issues they face will benefit greatly from the book's inclusive scope. This book is highly recommended for any person contemplating the many paths to parenthood. Ms. Lev is a respectful and wise guide who realistically shares both the challenges and the joys of building and nurturing a family.

# University of New Hampshire Counseling Center Announces

Pre-doctoral Internship 2006-2007

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Situated in Seacoast New Hampshire, with easy access to Boston to the south, and Portland, Maine to the north, this internship has much to offer a candidate seeking a well-rounded counseling center experience. See our web site for details:

http://www.unhcc.unh.edu

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### **BOOK REVIEW**

The Drag Queen Anthology: The Absolutely Fabulous But Flawlessly Customary World of Female Impersonators

Edited by Steven P. Schacht (deceased) & Lisa Underwood. Harrington Park Press. 2004. 251 pages. \$24.95

> Review by Carlton W. Parks, Jr., Ph.D. Alliant International University, Los Angeles

Several years before he died, I met Steve Schacht at an American Sociological Association conference where he was the discussant for a symposium I chaired. We shared similar scholarly interests (e.g., men and feminism) and we collaborated on several scholarly projects, including this one, prior to his death. I was one of the reviewers of several manuscripts found in this edited volume. There has been enough time since Steve Schacht's death in November of 2003 for me to stand back and review this work objectively as a seasoned sexologist.

I would recommend this volume to researchers and

practitioners, as well as the general public interested in the intersections of masculinities and femininities. This edited volume provides the scholar with a comprehensive examination of the world of drag queens grounded within an interdisciplinary framework including sociology, anthropology, theatre studies, performance art, military history, and gender studies. Moreover, this edited volume illustrates the powerful impact of the social construction of gender on our society's dichotomous views of gender through the incorporation of cross-cultural data. Psychologists interested in sharpening their conceptualizations of the sociological influences associated with the male-to-female gender performance/ illusion will find this edited volume invaluable.

This edited volume starts out by examining female impersonation within sociohistorical contexts as well as the parameters that female impersonation and transsexualism are filtered through by scholars, practitioners, and the general public. There are a set of chapters that are ethnographies of the world of drag queens in (1) Berlin, Canada, North India, Pakistan, and South Africa, (2) the African-American church, (3) the southern states of the United States, (4) the Christian church communities in the United States, (5) the films produced and distributed by the Hollywood film studios, and (6) the sociopolitical implications of female impersonation on cultures within our global community. The last chapter, written by Schacht, outlines the challenges and potential barriers inherent in instructors bringing the world of drag queens alive within undergraduate and graduate-level classrooms. This edited volume will be of value to scholars, practitioners, and the general public interested in the world of drag queens and society's reactions, both prosocial and antisocial, to this marginalized and stigmatized group.

# **CALL FOR NOMINATIONS FOR DIVISION 44 2005 AWARDS**

Nominations are requested for the Annual Division 44 Awards to be presented at the 2005 APA Convention in Washington. The award categories are as follows:

- Distinguished Contribution to Education and Training
- Distinguished Professional Contribution
- Distinguished Scientific Contribution
- Distinguished Contribution to Ethnic Minority Issues
- Distinguished Contribution by a Student
- Distinguished Service Contribution
- Certificate of Appreciation
  - Distinguished Book in Lesbian, Gay, and/or Bisexual Psychology

<u>Eligibility</u>: Nominees for all the awards, except the Book Award, should be current members of Division 44, excluding members of the Division 44 Executive Committee. A statement that outlines the contributions of the nominee, or vitae, should be included. The Book Award can be awarded to any book published in 2002, 2003, or 2004 and the authors do not have to be members of Division 44. A copy of the book should be sent to the Chair of the Nominations Committee. Self-nominations are encouraged.

Please send nominations to: Charlotte J. Patterson, Chair, Nominations Committee, via email at cjp@virginia.edu, or via fax at 434/982-4766, or U.S. Mail, Department of Psychology, P. O. Box 400400, University of Virginia, Charlottesville VA 22904.

**Division 44 Newsletter** 

#### VIDEO/DVD REVIEW

Psychotherapy with Gay, Lesbian, and Bisexual Clients, 2<sup>nd</sup> Edition

Produced by Ronald Scott and Eli Reyna \$125/each or \$725 for complete set of seven programs www.buendiaproductions.com 1-800-513-1092

Reviewed by Linda Garnets, Ph.D. UCLA, Psychology, Women's Studies, and LGBT Studies The completely revised second edition of the video/DVD series, "Psychotherapy with Gay, Lesbian, and Bisexual Clients" provides empirically based information on the best practices to be used in providing affirmative LGB psychotherapy. Produced by psychologist Ronald Scott and Eli Reyna, this video series is comprehensive, original, and illuminating. The series consists of seven programs that vary in length from 37 to 50 minutes. The full set comes with a study guide. The DVD version comes indexed for full or section viewing. Each of the videos in the series can stand on its own.

Scott and Reyna designed an effective, engaging,

and well-organized documentary style format to present the issues. The producers use archival film footage, state of the art graphics and animations, simulations of therapy sessions, and a photographic essay in the history section. The topics being discussed and key summary points raised in each segment of a video are displayed on screen. Scott and Reyna collaborated with 27 of the most prominent scholars and mental health practitioners in the field to synthesize the available research. Most of them were also presenters. About two-thirds of the professional contributors are Division 44 members, while others include psychiatrists, social workers, and marriage and family counselors.

These presenters provide scholarly analysis that is mixed with personal accounts by LGB individuals. The videos weave together the life stories of over thirty LGB individuals and serve to illustrate and personalize the important material covered by the expert presenters. Ethnic, gender, and age diversity are incorporated in each program. As a result, each video comes alive in a vivid and riveting way. Some examples of personal accounts by LGB individuals include a personal coming out story of a young African American woman whose parents tricked her into disclosure then committed her to a psychiatric hospital. In another, a young man contrasts his current affirmative therapy with years of previous conversion therapy. The nation's first openly gay mayor gives his account of therapy abuse when he came out to a college counselor.

The series presents state-of-the art research and practice on the needs and treatment issues of gay, lesbian, and bisexual individuals, couples, and families. It highlights core psychological challenges and addresses common life issues faced by lesbians, gay men, and bisexuals that often lead people to seek psychotherapeutic interventions. Assessment and clinical issues are discussed in each video to inform therapeutic work with LGB individuals. By utilizing a minority stress model, the videos demonstrate ways to look at the internal and external stressors that affect psychological problems that LGBs face.

The scope of the series is impressive. I will describe the topics covered by each video and indicate the length of the program and whether it is revised or newly added from the first edition. The first program, "Historical Perspectives" (41 minutes, revised), focuses on the history of mental health practice with LGBs including segments on pathology of homosexuality, depathologizing of homosexuality, recent efforts to repathologize homosexuality, affirmative approaches. Archival film clips used throughout illustrate early treatment approaches and attitudes.

The second, "Individual Assessment and Psychotherapy" (48 minutes, revised), focuses on the use of cognitive therapy with LGBs, assessment of presenting problems/issues that LGBs bring to therapy, internalized homophobia, and discussion of heterosexist bias in therapy. The second half of this video shows a simulation of two therapy sessions with a young man on his coming out issues. Descriptions of therapy process issues and techniques being demonstrated appear on-screen.

"Relationships, Families, and Couples Counseling" (37 minutes, new) covers topics including relational ambiguity, sexual exclusivity, social support networks, how internalized homophobia affects LGB relationships, importance of families of choice, and characteristics and diversity of LGB family constellations.

The "Coming Out Process" (40 minutes, new) addresses developmental stages of the coming out process, stages of parental reactions to having a LGB child, and recommendations to clinicians who are helping people to come out. This program features three different personal coming out stories from a young African-American woman, a retired professional Latino man, and an affirming mother.

According to the producers, "The Bisexual Experience" (48 minutes, new) is the first educational video on the psychology of bisexuality. It addresses the multidimensional model of sexual orientation, prevalence, developmental challenges of bisexual identity and coming out, and affirming psychotherapy approaches in working with bisexual women and with bisexual men. The personal journeys of three bisexual individuals are featured.

The "Diversity and Multiple Identities" (50 minutes, revised) program presents a model to understand the challenges associated with multiple oppressions and positive identity development. This is followed by culture specific segments on Latino/a, African-American, and Asian-American LGB's experiences. Specific treatment recommendations for working with LGBs of color are offered. This is followed by a cross-cultural therapy session with a Korean lesbian client to demonstrate treatment of culture-bound issues.

Finally, "Sexual Minority Adolescents" (50 minutes, new) presents a model for understanding LGB identity development based on developmental milestones and differential developmental trajectories; addresses potentially stressful aspects of identifying as LGB during adolescence (e.g., victimization, suicide); and presents a strength-based treatment approach. Throughout this program diverse LGB youth share their positive and negative experiences.

I had an opportunity to "field test" these materials when I showed the series to an upper division undergraduate class at UCLA taking my course on "Sexual Orientation and Mental Health." I requested feedback from them and the vast majority found it valuable, accessible, and informative. They reported that the videos gave them a broadened vision and deepened understanding of the issues facing LGB individuals and how, as psychologists, they may learn to intervene to enhance functioning in this population.

These videos are an excellent teaching tool for upper level undergraduate and graduate clinical training programs and professional continuing education. The series is also useful for the LGB community and their family and friends and to educate the general public. This invaluable resource will have a powerful impact on the field for many years to come by providing accurate information, by refuting misconceptions, and by reducing sexual prejudice in our profession and in the society at large.

# Become a regional trainer on HIV/AIDS issues!

The American Psychological Association's (APA) HIV Office for Psychology Education (HOPE) seeks doctorallevel psychologists with HIV-related work and training experience with one or more of the following populations: Ethnic Minorities/Communities of Color; Women; Children and Adolescents; Chemically Dependent Persons; Seriously and Persistently Mentally III persons; and Gay/Lesbian/Bisexual/Men who have Sex with Men to become volunteer regional HIV/AIDS continuing-education (CE) trainers.

HOPE recognizes that many areas of the country still do not have psychologists experienced working with people with HIV disease. For those areas, priority will be given to psychologists who have clinical and training experience with one or more of the six target populations and a commitment to conducting HIV-related training. HOPE has adopted an affirmative action approach to Regional Trainer Recruitment. Qualified applicants will be chosen to reflect the diversity of the AIDS epidemic in terms of gender, ethnicity, geographic location, and populations served.

Selected trainers will receive "state-of-the-science" training materials at the HOPE National Training Conference (NTC) in New Orleans, LA, slated for January 26-29, 2006. Applicants selected to become HOPE trainers must also complete a four-hour HIV online training, prior to attending the NTC. APA awards CE credit for completion of both the NTC and the online training.

HOPE asks all trainers to commit to train at least 30 mental health professionals within three years of attending the NTC. As incentive, all HOPE trainers are eligible to offer (thru HOPE) APA continuing education credits for their workshop participants.

The application deadline is May 2, 2005. To apply online, visit http://forms.apa.org/pi/hope. To learn more about the HOPE Program, please visit http://www.apa.org/pi/aids/hope.html . For additional information or to request a paper application, contact:

Christopher Rowe HOPE Program Training Director at the APA 750 First Street, NE Washington, DC 20002-4242 (202) 216-7603 • crowe@apa.org.

#### **BOOK REVIEW**

Lesbians, Feminism, and Psychoanalysis: The Second Wave

Edited by Judith M. Glassgold & Suzanne Iasenza Harrington Park Press. 2004. 217 pages.

Review by Chris D. Cooper

Spring, 2005

This volume is one of a series of books that the Harrington Park Press publishes simultaneously as an edited volume and a journal issue, and was also published as Numbers 1-2 of the 2004 volume 8 of the *Journal of Lesbian Studies*. The papers in this volume are described by their authors variously as history, discussion, essay, and theory.

The book is divided into three sections: "Community and History: Personal and Political," "Ongoing Clinical Issues," and "New Thinking on Sexuality and Gender," encompassing, respectively,

history, clinical issues, and theory. Authors include the well published (e.g., Beverly Greene on African American Lesbians and Other Culturally Diverse People in Psychodynamic Psychotherapies) and the not so often heard from. Collectively, the authors are described by the editors as psychoanalytically influenced, although not all of the authors are analysts themselves.

This book offers variety in both approach and tone. Suzanne Iasenza provides us with a transcript of interviews with "Foremothers" of lesbian psychoanalysis. This piece is an easy read and does the vital service of acquainting us with prominent lesbian analysts who have contributed much, but with whom many of us are unfamiliar.

The thoughtful contribution by Beverly Greene, presented in her usual dense but accessible writing, helps

underscore the idea, embraced by the editors, that psychoanalytically informed thought is not one consistent body, but includes a diversity of points of view. The editors point out in the introduction that "when psychoanalytic writers first published on lesbian issues...their writings were overwhelmingly negative and reinforced negative stereotypes," but that in more recent times (since the 1970s) feminist thinkers began to change this. In fact, Freud was not as harsh on the topic of homosexuality as he was on the topic of women in general, and Jung barely mentioned homosexuality. The negative pronouncements, indeed grew in the writing of theorists who followed Freud and Jung, and became especially negative in the generations to follow, especially in the United States. This led to a view that psychoanalytic theory was consistently and deeply hostile towards lesbians that became so entrenched that when I was in graduate school in the late 80s my professors could not believe that I, as an open lesbian, wanted to study psychodynamic and analytic theory. This book is important because it demonstrates that there are analytic thinkers and practitioners who have insightful and positive things to say about lesbians and that these thinkers have been among us for some time. In addition, it provides thoughtful clinical information such as Jacqueline Neilson's piece focusing on how dynamic theory and practice add to the richness of work with clients and help therapists appreciate the complexities of the client's situation.

This book has obviously left a positive impression on me. Most people, I think, will find some parts of it more interesting or useful than others, however, that is, perhaps, fitting with the theme of diversity of thought about lesbians within the psychoanalytic and psychodynamic communities.

### **Student Travel Award Competition**

Division 44 is pleased to announce the 2005 Student Travel Award competition. The purpose of this award is to help a racially and/or ethnically diverse LGBT psychology graduate student travel to the APA convention. In 2005 two students will receive a \$250.00 award to help support their travel to the APA Convention in Washington, D.C. The application for this award consists of a curriculum vitae, a 300 word statement of how attending the APA Convention would further your career goals, and a letter of support from your advisor/major professor.

The deadline for receipt of applications for the award is May 1, 2005. If you have any questions, contact Arlene Noriega, Ph.D. at dranor@bellsouth.net.

Applications should be sent to:

Arlene Noriega, Ph.D. Chair, Div. 44 Racial & Ethnic Diversity Committee Stonewall Psychological Associates 700 Beaver Ruin Road, Suite F Lilburn, GA 30047 Tel. 678-318-3468 ext. 103 Fax 770-925-7895

#### **BOOK REVIEW**

Dangerous Families: Queer Writing on Surviving

Edited by Mattilda, a.k.a. Matthew Bernstein Sycamore. Harrington Park Press, an imprint of The Haworth Press, Inc. 2004. 236 pages. \$17.95

> Review by David Pantalone University of Washington, Seattle

Spring, 2005

Mattilda, a.k.a. Matt Bernstein Sycamore, has edited this collection of 29 stories by 25 authors, all adult survivors of childhood abuse and most of whom are accomplished authors, poets, and queer or feminist activists. Sycamore, who has written and spoken about sex work and sexuality issues, also contributes to the volume as a survivor of sexual abuse by his parents. He states that this anthology of nonfiction stories is meant to go beyond the recovery narrative which, he believes, has moved into the mainstream but in doing so continues to exclude the added nuances of a queer identity. Rather than a

comprehensive survey of the abuse faced by queer youth, the book presents individual narratives about abuse, which he defines broadly, including a variety of types (physical, emotional, and sexual) and perpetrated by one or more family members or friends (parents, other relatives, peers). The touching stories are presented mostly as vignettes (1-12 pages

each) that address taboo subjects even within the field of child abuse, which itself is taboo; authors recount their intensely personal stories of childhood sexuality and even incest, as well as "the complexities of memory, and the shifting meanings of survivor and abuser" – all told through the writer's literary lens. As a reader, there are some incredibly emotionally charged moments, frightening in one sense, and inspiring in another. These are, after all, stories of survivors.

This book would likely be most interesting and useful to a lay reader or client. Its major literary strength is the honesty and bravery shown by the authors in contributing to this collaboration, and the presentation of these intensely personal life stories. The poetry of the writing and the mixing of dreams and memories with factual experiences are extremely interesting from a humanities or literature perspective. However, those same qualities limit the volume's utility as a reference for practitioners. Sycamore posits this quality as intentional, taking a jab in his introduction at the therapists who (to paraphrase him) analyze the plight of queer child abuse survivors but who may not be as helpful in treatment as he would like. The book is not meant to instruct, nor do the pieces hang together under any appreciable themes. We may be led astray by the subtitle, 'Queer writing on surviving,' which implies the possibility that the book will hold detailed accounts of the process of surviving, i.e., what barriers were most difficult to handle and how to negotiate them. These more practical topics, if they were covered, would be useful in terms of giving advice to readers or modeling how an author's experience could relate to a reader's life. These topics would make the book more applicable to practicing psychologists or researchers of child abuse or trauma more generally among LGBT individuals.

In sum, I recommend this book for anyone interested in a highly personal and artistic venture into, in Sycamore's words, "literature that focuses on something more than the time line of events, the feelings involved, and the process of recovery... just survivors, exploring our complicated, frightening, and fulfilling lives."

#### The Association for Women in Psychology Announces the Annual Lesbian Psychologies Unpublished Manuscript Award

PURPOSE: The Association for Women in Psychology encourages theoretical and empirical scholarship that addresses the psychology of lesbians.

TOPICS: Unpublished manuscripts focusing on any topic relevant to the psychology of lesbians are invited.

ELIGIBILITY: An unpublished manuscript (e.g., conference paper, thesis, dissertation) that has not been submitted for publication. Both sole and jointly authored papers are eligible. Manuscripts must be no more than 50 pages.

SUBMISSION: The following material must accompany your submission: four copies of the manuscript, a cover sheet (including the author's name, address, phone number, and title of the paper) and two self-addressed stamped legal size envelopes. The author's name should not appear anywhere on the paper itself. If possible, please include a Windows file of your paper on floppy disk. Please send the above to:

#### Julie Konik, Psychology Dept., University of Michigan 3268 East Hall, Ann Arbor, MI 48109-1109 jkonik@umich.edu

REVIEW: A panel of AWP members will conduct a blind review of the manuscripts. Submissions will be evaluated on the basis of sound methodology, clarity of writing, and relevance to the advancement of the psychology of lesbians.

AWARD: The winner will be announced at the American Psychological Association convention in August 2005. The award recipient will be invited to present the manuscript at the AWP conference in 2006, and will receive up to \$250 in transportation expenses.

#### DEADLINE Entries must be postmarked by May 31, 2005.

# **COMMITTEE AND TASK FORCE REPORTS**

#### COUNCIL REPRESENTATIVES

Our first order of business is to thank you for retaining our third seat on Council in the last Apportionment election. As our issues continue to remain at the forefront of Association business, it is all the more important that we have three seats for visibility and the success of our lobbying efforts. Because of your support, we are able to continue our work with maximum effectiveness, and we thank you.

Now to the business at hand: Council met February 17-20 in Washington, D.C., and we are pleased to report that at long last the Association is addressing Transgender issues. Council voted unanimously to include gender identity in the Association's bylaws, as well as in its policy on Hate Crimes. In addition, Council unanimously approved our request to fund a Task Force on Transgender Issues and Intersex Conditions. This Task Force, which will be funded from Board contingency funds, will meet twice this year to address issues of gender identity, to examine the relevant literature, and to make recommendations for how APA should include trans issues in its overall science and practice agendas, as well as how to welcome and encourage trans-identified psychologists to work in the Association.

Prominent in the Council's agenda was the work of a Task Force dealing with the report of an APA delegation that attended the World Conference Against Racism in Durban, South Africa, in 2001. Council was asked to receive (as opposed to approve, and make APA policy) a report that was highly controversial in terms of some sections that were critical of the Israeli government and were generally perceived to have an anti-Semitic perspective. The Task Force that worked on this is to be commended for having successfully resolved a difficult situation in crafting a solution that enabled Council to receive the report (and thus support the work of APA's delegation to the Conference) while providing disclaimers that the report is not official Association policy, and annotating the objectionable sections in question.

As always, the three of us are active in Council's Caucuses, which are the informal, political groups organized around particular interests and issues. Armand completed his term as Chair of COUNT (Caucus for the Optimal Utilization of New Talent), and has been appointed the new Treasurer of the Public Interest Caucus. Kris continues as Treasurer of the Women's Caucus, and expands her talents as Nominations and Elections Chair of the Public Interest Caucus. Doug successfully chaired his first meeting as President of the Association of Practicing Psychologists, and received an Outstanding Leadership Award for his service as Chair of Public Interest Caucus. And finally, Doug is running for the Board of Directors this year. This election will be decided by Council in July, so please email or contact Council reps from other Divisions or States/Provinces/Territories to which you belong, and ask them to support him.

Council meets again at Convention in August. Please contact us with any issues/concerns/comments you have relative to the Association, or Division 44's role in it. It is an honor and a pleasure to represent you.

- Doug Haldeman, Armand Cerbone, & Kris Hancock

### **Continuing Education in Women's Health**

The Second Annual Clinical Health Psychology Institute will focus on women's health. This continuing education event will be held April 1-2, 2005 - at the APA Building, Washington, DC. The CHI Institute on Women's Health is co-sponsored by the APA Division of Health Psychology and the APA Education Directorate, with additional support from the Society for the Psychological Study of Women (Division 35) and the APA Women's Programs Office. Presenters and topics include:

- Vivian W. Pinn, M.D. "Update on Women's Health: Recent Advances and Controversies"
- Vicki S. Helgeson, Ph.D. "Stress and Coping in Women Across the Life Span"
- Mary F. Morrison, M.D., MS "Preventing Misdiagnosis in Women's Health and Mental Health"
- Susan H. McDaniel, Ph.D. "Genetic Testing in Women's Health"
- Helen L. Coons, Ph.D. "Preparing Women for Medical Procedures"
- Susan H. McDaniel, Ph.D. "Collaborative Care in Women's Primary Care, Ob/Gyn and Subspecialty Settings"
- Julia H. Rowland, Ph.D. "Improving the Quality of Life Among Women with Cancer"
- Dahlia M. Sataloff, M.D. and Helen L. Coons, Ph.D. "Effective Strategies During and After Treatment"
- Gail E. Wyatt, Ph.D. "Women's Sexuality and Sexual Functioning: Biological, Cultural, Relationship and Life Span Issues in Assessment and Treatment"

For more information go to www.apa.org/ce/ or call 800-374-2721, x5989 to talk to a CE Representative.

#### TREASURER'S REPORT, JANUARY 2005

As of November 2004, the Division's assets totaled \$103,335.62 and our income for 2004 was \$38,636.12. For comparison, as of November, 2003, the Division's assets totaled \$87,592.44 and the income for 2003 was \$43,960.32. Our November 2004 checking account balance was \$24,125.98 and our money market fund balance was \$57,717.27, giving us an operating cash balance of \$81,846.25 (this total does not include Malyon-Smith assets). Our net assets at the end of November 2004 were \$84,921.62, compared to \$69,180.44 at the end of November 2003. These assets will change (decrease) as the pending charges (approximately \$7300) are made on the December 2004 balance sheet from the CBIZ accounting firm.

The Malyon-Smith fund is held in two accounts. Our mutual fund with State Street Research Funds was valued at \$23,735.51 as of 12/31/2004. Our initial investment (1998) was \$20,000, which represents an overall gain in value of \$3,735.51. The value on Dec. 31, 2003 was 21,415.88; thus, the fund amount is up \$2,319.63 in the past 12 months. The remainder of the fund, held in cash and short-term investments, was valued at \$12,391.12, as of November, 2004. As a result, our current quasi-endowment total is \$36,126.63. This represents a net gain of \$1321.83 since December, 2003.

Year-to-date dues income (as of November 2004) was \$27,904. In November 2003, dues income was \$29,261. Thus, our dues income decreased by \$1,357, primarily in the new member and affiliate categories. We have received \$10,732.12 in additional resources. The comparable November figure for 2003 was \$14,699.32. Our income increased in terms of interest income and investment gains, and our income decreased in terms of royalties and contributions.

The 2004 convention fund raising dinner netted \$3,221.07 in donations. Attendance was outstanding, and although the dinner costs were higher than in the past, our net from this event was greater than in the past 3 years. For comparison purposes, the figures for the past 5 years (from 2003 to 1999) were: \$2,273.84, \$2,184.74, \$2,876.25, \$3,644.50, and \$1,650.00.

Our operating budget for 2004 was \$39,700. At the end of December 2004, expenditures totaled \$28, 257.88 (pending final end-of-the year reports from APA). Thus, we came in \$11, 442.12 under budget – congratulations to us! Overall, we have significantly cut expenses in recent years and we have ended each of the past 3 years with a positive balance (this division does not operate on a deficit model, unlike those folks in Washington!). However, before we get too self-congratulatory, we also need to recognize that our income has declined in the past couple of years, and we need to continue to monitor our expenses against our income to ensure continued operation with positive balances. The data for this report comes from financial reports for Division 44 dated November 2004 and a State Street Research Mutual Fund report dated December 2004.

Respectfully submitted, Susan Kashubeck-West, Ph.D.

# Call for Submissions Division 44 *Newsletter* Special Issue on Transgender Issues

The spring issue of this *Newsletter* will be a special issue focusing on transgender issues. Division members are invited to submit short relevant articles. These articles should be very brief compared with a journal article, given the space constraints of a newsletter. Authors should also consider their audience (other Division members) and refrain from spending time "preaching to the choir."

For comparison purposes, previous special issues of the *Newsletter* can be viewed at http://www.apa.org/divisions/div44/newsletter.htm.

Submissions should be in the range of 500 to 2000 words. (Slightly longer articles may be possible, depending on need and content, but space is very limited.) Send submissions via e-mail attachment to the Newsletter editor at dougkimmel@prexar.com.

To allow time for needed revisions, submission deadline is May 1, 2005.

#### MEMBERSHIP REPORT

Membership in Division 44 dropped by only 4 people by the end of 2004. The total number of members was 1172 at the end of the year. The membership committee is currently working with the Division Services Office to publish the new membership directory. The directory should be completed by the time of this publication and accompany this newsletter. Please watch for deadlines for next year's directory. The membership committee is working with division services to complete the directory in a more timely fashion. As a reminder, all members, fellows and associates are automatically listed in the directory unless they complete a form to "opt out." Affiliates and student members are confidential and are not automatically listed in the directory, thus they must complete a form to "opt in" in order to be listed. While this is the best way to maintain confidentiality for those requiring it, it is a cumbersome method for including people in the directory and mistakes occur. Thus, if you have opted in, and are not listed, please let us know and we'll make a special effort to have you listed next year. As another reminder, to subscribe to the Division 44 listserv (open only to members, fellows, associates, affiliates and student affiliates of the division) send an email to listserv@lists.apa.org, leave the subject line blank and in the body write: subscribe div 44 [your name]. Requests are automatically sent to the membership committee co-chairs, and once membership is verified, Jackie or Christopher can add you to the listserv with two clicks of a mouse.

- Christopher Martell & Jackie Weinstock

#### SCIENCE COMMITTEE

The Science Committee has gone through period of reorganization over the past year. Barry Chung (Chair) and Kathy Bieschke had to leave the committee due to other professional commitments. Jon Mohr volunteered to take the role of committee chair, and Bonnie Moradi has volunteered to join the committee as a member. The current committee members are Perry Halkitis, Alicia Lucksted, Jon Mohr, Bonnie Moradi, and Dawn Szymanski. Goals for the coming year are to reinvigorate the committee and to identify and pursue projects that further its charge of encouraging research on sexual orientation issues. As in past years, the Committee will hold an open meeting in the Division 44 suite during the 2005 APA Convention. We welcome input from all division members. Suggestions and questions can be directed to Jon Mohr, 410-617-2452, jmohr@loyola.edu.

### The Psychoanalytic Review Call for Papers: Developmental Issues in Gay Men.

A special issue of *The Psychoanalytic Review*, guest edited by Robert J. Benton, PhD, and James M. Holmes, MPH, will focus on developmental issues of gay men. We wish to set aside the question of etiology and explore the multiple and complex issues that gay men face as they develop. Papers for this special issue can be sent as email attachments to Robert J. Benton and James M. Holmes at PsyRevGayIssue@nyc.rr.com or in triplicate paper copies with a computer disk to the Editor, The Psychoanalytic Review, 150 W. 13th Street, New York, NY 10011. Submissions will be accepted until September 1, 2005.

### 2006 APA SCIENTIFIC AWARDS PROGRAM: CALL FOR NOMINATIONS

The APA Board of Scientific Affairs (BSA) invites nominations for its 2006 scientific awards program. The **Distinguished Scientific Contribution Award** honors psychologists who have made distinguished theoretical or empirical contributions to basic research in psychology. The **Distinguished Scientific Award** for the Applications of Psychology honors psychologists who have made distinguished theoretical or empirical advances in psychology leading to the understanding or amelioration of important practical problems.

The Distinguished Scientific Award for Early Career Contribution to Psychology recognizes excellent young psychologists. For the 2006 program, nominations of persons who received doctoral degrees during and since 1996 are being sought in the areas of:

- animal learning and behavior, comparative
- psychopathology
- health
- developmental
- cognition/human learning

To obtain nomination forms and more information, you can go to the Science Directorate web page: www.apa.org/science/sciaward.html

Deadline for all award nominations: June 1, 2005.

#### TASK FORCE ON AGING

The Division 44 Task Force on Aging met during the Convention in Hawaii and discussed possible future and current projects on aging in the LGBT community for the coming year.

Doug Kimmel thought he would organize a project based on interviews with the pioneers in LGBT psychology. They are now elders in the battle for liberation of gays and lesbians.

A splendid new book by Douglas Kimmel, Tara Rose, and Steven David titled *Research and Clinical Perspectives on Lesbian, Gay, Bisexual and Transgender Aging* has been accepted for publication by Columbia University Press. I (Helena) know it is splendid because Columbia Press sent it to me for prepublication review. This book is a real contribution to knowledge on LGBT aging and I am sure it will be a valuable resource for researchers and for anyone working with elders.

As co-chair of the Task Force, Carlson has organized and will chair a symposium focusing on ethnic minorities titled "Aging in Lesbians and Gays of Color: Minorities within Minorities." While there has been increasing research on aging in the LGBT community. there has been a paucity of research on the special situation of ethnic minority gay and lesbian elders. Most of the LGBT research has focused on white middle class men and women. They frequently face the same ageism as heterosexual elders encounter but with the added stresses associated with homophobia. The special issues affecting gay and lesbian elders include such issues as bias in health care, legal rights of partners, homophobia in assisted living or nursing home settings, little bereavement support, and bias in retirement communities. Ethnic minority gay and lesbian elders also faced racism within both the gay community and the heterosexual community as well as homophobia in heterosexual communities. Older ethnic minority gays and lesbians may have experienced more overt virulent racism within earlier mainstream culture as well as in the gay and lesbian communities. While family ties and cultural values can provide a buffer against racism within ethnic communities, these same communities may be less accepting of gay and lesbian members. Consequently ethnic minority gay and lesbian elders may feel the need to be more closeted to maintain their emotional and cultural ties. This symposium is designed to illustrate the special perspectives on aging in older African American, Asian American and Latino gays and lesbians. Presenters include: Connie Chan, Ph.D., "Lesbian, Gay, Asian and Elderly: Is Anyone out There?"; Richard Rodriguez Ph.D., "Reflections in the Mirror: Gay Latino Men's Perspectives on Aging"; Gladys Croom, PsyD., "Aging African American

Lesbians: A Pilot Study"; and Donna Rasin-Waters, Ph.D., "Public Policy in Clinical Geropsychology: From Research to Public Education." Beverly Greene, Ph.D. will be our discussant.

Co-Chair Steven David has been focusing on his quals and dissertation, and will be starting on his internship. All of us know the frantic activity involved at this stage of graduate work. He has also contributed an excellent bibliography to the Kimmel, Rose and Steven book.

It has been a productive year for the Task Force and Steven and I would like to have the Task Force considered as a future Committee. We are both eager to continue and we also welcome interest from prospective new members of the Task Force.

- Helena M. Carlson and Steven David, Co-Chairs

#### TRANSGENDER & GENDER VARIANCE ISSUES Midwinter Report 2-14-05

At their February meeting, the APA Council overwhelmingly approved the formation of a sixmember APA level Task Force on Gender Identity, Gender Variance, and Intersex Conditions. This is a step that several members of this committee have worked towards for several years along with other members of the Division 44 EC, including our council reps. Thanks to everyone for their efforts so far.

Other recent activities of our committee have involved convention programming for APA 2005. Drs. Bockting and Ehrbar submitted a CEC proposal for a 4 hour training on Trans-Affirmative Therapy, which was accepted. We are looking forward to making this presentation at APA and encourage interested participants to register early. It was very encouraging to continue to receive high-quality and interesting submissions in response to our call for symposium participants in Transgender and Intersex issues. Convention goers can look forward to an exciting symposium on Understanding Intersex: Changing Standards--Epistemology, Experience, Research, and Practice, covering a wide range of topics relevant to concerns of clients with Intersex conditions.

The next issue of this newsletter is a special issue on Transgender and Gender Variance Issues. Interested authors are encouraged to contact Dr. Nikayo Empaye at kayotea@hotmail.com or Dr. Randall Ehrbar at RDEhrbar@att.net. Deadline for submissions is May 1.

#### APA Convention Continuing Education Workshop on Trans-Affirmative Therapy

Dr. Walter O. Bockting and Dr. Randall D. Ehrbar will be presenting a 4 hour CE workshop on Trans-Affirmative Therapy during the APA convention this August. Sometime in late April or early May the scheduling information should be available at www.apa.org/ce. We encourage interested participants to register early.

#### **Division 44 Newsletter**

inspiring moment! This was especially important as many participants had attended the workshop for CE credit hoping to come away with new ideas that would help them deal with the LGBQ adolescents they encounter in their schools and in their practices. I shudder to think of the consequences without their levelheaded and wise intervention.

As you might imagine, this incident had a significant impact on the rest of the conference. A Difficult Dialogue on Sexual Orientation and Religion and the town hall meeting provided opportunities for healing. The subsequent Division 44 EC meeting created opportunities to consider next steps. But this "critical incident" drastically altered our experience of the summit in ways that we continue to explore.

As I traveled home, I sat next to a man on the plane who spent considerable time reading a beautiful leatherbound bible. In other contexts I would barely have noticed this activity. However, my experience at the Summit and the subsequent discussion during our EC meeting made me hypersensitive to my surroundings. As I sat reading Queer Dharma: Voices of Gay Buddhists I found myself wondering what he thought of me. After all, Queer Dharma isn't exactly subtle. The cover features part of a collage depicting a nude man with the head of a stone Buddha meditating cross-legged on a cloud. The back of the book features an inter-racial male couple in the yab yum pose (a traditional Tibetan position of sexual union which symbolizes absolute wisdom). I kept wondering what he might be thinking of me and whether our spiritual paths would make communication difficult.

My philosophy of life leads me to look for lessons in difficult and painful experiences. I've spent considerable energy thinking about what I am to learn from this experience. Looking beyond the anger and hurt, this incident can be viewed as a symptom of a much larger problem. Despite recent gains in visibility and public policy, there is still much work to be done before LGB people are recognized as full citizens. For me, the 2005 Summit provides yet another opportunity to re-dedicate ourselves to ending the suffering caused by heterosexism and sexual prejudice. It provides the Division and its members with a number of real choices and important opportunities.

It is important that we not turn away from suffering or attempt to avoid difficult situations. However, it is equally important that we make wise choices about how we spend precious energies. The months ahead will be punctuated by difficult discussions among allies as well as with those who make very different judgments about the meaning of LGBT experience. These discussions are crucial but we must not waste precious energy responding in anger when that energy may be better used in other proactive ways. If we allow critical incidents (symptoms) like this to distract us from the important work, we will be contributing to our own suffering. We must do what is appropriate and necessary to prevent such incidents in the future as it is our responsibility to prevent the suffering of our LGBT brothers and sisters when we can. Nonetheless, we must not allow these events to fracture our alliances with supportive allies. If we do so, those who wish to re-pathologize LGBT experience and force our communities back into the closet will have gained significant ground.

In particular, we must carefully examine existing models of identity development. Although the model presented at the 2005 summit is inaccurate and misguided, it is time for us to re-examine LGBT affirming models of identity development so that they are more sensitive to contextual factors (especially spiritual and religious issues). Sexuality is not simply something we discover about ourselves by turning our minds inward. It is profoundly affected and shaped and sometimes distorted by the cultural and historical context in which it is explored. Therefore, we have an obligation to re-examine long held perspectives and the sometimes difficult intersections of religious and sexual identities. Overly simplistic, de-contextualized theories of identity development that focus exclusively on sexual orientation or that propose only one static endpoint may be in need of revision. To paraphrase Audre Lourde, I do not wake up thinking that from 5 to 6 a.m. I am a beginning Buddhist, from 6 to 7 a.m. I am a man, from 8 to 9 a.m. I am gay-for I am all those things and much more.

As should be clear, I am hopeful that this incident will lead to us to propose more sophisticated models of LGBT experience and that those models will provide the heuristic needed to produce much needed empirical as well as clinical scholarship. However, this is also a call to action for the Division as a collective and for its members as individuals. We have much work to do.

I am convinced that the Division can become a much more visible force in the education and training of psychologists and in the multicultural and diversity movements. In fact, important commitments have already been made:

• We have engaged the co-sponsors of the Summit in a careful evaluation of its purpose, structure, and functioning.

• The EC has committed to developing our website so that it can become an important source of solid scientific information as well as a tool for improving the functioning of the division.

 $\cdot$  We are laying the groundwork for significant collaborations that will increase opportunities for

LGBT-affirming continuing education.

• We are initiating the process of updating APA's Guidelines for Therapy with Lesbian, Gay, and Bisexual Clients.

• We are evaluating the need to update APA's Resolution on Appropriate Therapeutic Responses to Sexual Orientation.

• We are looking for ways to encourage APA publications to include more scholarly work on LGBTQ issues.

In addition to collective action through the Division, I also ask that you choose to take action. Your choices are limited only by your willingness to make such contributions a priority. Beyond educating elected officials, clients, and perhaps even family members by sharing your experience as members of a community of LGBT people and allies, please consider contributing in some new way to LGBT psychology. For example,

• Plan now to respond to the call for proposals to the 2007 Summit or offer to contribute in some other significant way. We can't blame Summit organizers for ignoring LGBT issues if we are not willing to submit proposals, serve as reviewers, or attend as participants.

• Talk with Greg Herek about developing a proposal for a contribution to Division 44's new book series.

• Consider applying for funding from APA or elsewhere to host a small conference on an LGBTaffirming topic. Such meetings can be a great way to facilitate an edited volume.

• Volunteer to contribute to a case book that could become a significant resource for LGBT-affirming counselors and therapists.

• Volunteer to develop a Continuing Education experience that will assist other psychologists in developing the necessary expertise to work effectively with LGBTQ clients.

• Write a brief entry for the Division newsletter (and website) that describes your success in developing a new resource or your advocacy efforts.

• Infuse LGBT psychology into the courses you teach.

The suggestions I have outlined here represent a new beginning, a call to action. I look forward to hearing about your individual successes and to your continued support and participation in the Division's efforts. Perhaps Nietzsche was right, what doesn't kill us may indeed make us stronger. If we have the wisdom and insight to learn from painful experiences, we will develop the power and accept the responsibility to not only diminish, but eventually end, the suffering caused by ignorance and prejudice.

# Oliva Espin's Invited Address Available Online

For me, the highlight of the 2005 Summit was Oliva Espin's invited address, "The age of the cookie cutter has passed: Contradictions in Identity at the Core of Therapeutic Intervention." Dr. Espin used examples from her own experience to emphasize the importance for psychology of race, ethnicity, religion, gender, class, ability, age, and sexual orientation, demonstrating time and again how psychology has segmented human identity, expecting people to privilege some aspects of their experience while ignoring or suppressing others. It was an inspired presentation that should be widely disseminated. To aid in that process, Dr. Espin has graciously agreed to allow Division 44 to post the full text on our website. We thank her for her willingness to do so and wish to direct readers to the website for the full text. Thanks Oliva!

- Michael Stevenson

#### A Call for Submissions Special Issue, Journal of GLBT Family Studies

From the Inside Out: Clinical Interventions with Families of Lesbian, Gay, Bisexual, and Transgender People Journal of GLBT Family Studies, 2006, Volume 2 (3/4) Co-Editors: Andrew Gottlieb, PhD and Jerry J. Bigner, PhD

While a vast literature is currently available on treating gay, lesbian, bisexual, and transgender people, comparatively little has been published on working with their family members. As more and more GLBT people come out, more and more of our families may seek help not only after disclosure but also in relation to other hotly debated issues affecting our communities such as adoption, HIV/AIDS, and same-sex marriage. This special issue will highlight first-hand, in-depth clinical accounts by therapists who have explored different ways of working with families of GLBT individuals. We are particularly interested in providing readers with new ideas, approaches, and techniques. All modalities, individual, couple/joint, family, group, and all psychotherapeutic strategies/orientations will be considered. This special issue will be limited to about 13 manuscripts. For more information please contact Andrew R. Gottlieb at AGOTT116@aol.com or Jerry Bigner at bigner@cahs.colostate.edu.



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#### "A MUCH-NEEDED RESOURCE."

-William J. Doherty, PhD, Professor, Department of Family Social Science and Director, Marriage and Family Therapy Program, University of Minnesota

Volume 1, No. 1—Spring 2005. / Volume 2, No. 1—Spring 2006. Quarterly (4 issues per volume). Subscription rates before discount (per volume): Individuals: \$38/ Institutions: \$80/ Libraries: \$350 / SKU: J461.

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Editor: John P. De Cecco, PhD

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# Journal of Lesbian Studies™

Editor: Esther D. Rothblum, PhD

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